

# New Hampshire



## Minority Health Resource Guide

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## **DISCLAIMER**

This guide is meant as a resource and it not a replacement for a professional referral for health care or other services. The choice to contact and use any of these organizations is solely up to the individual and neither the State of New Hampshire nor the New Hampshire Department of Health and Human Services Office of Minority Health is responsible for that choice. The NH Office of Minority Health is not responsible for typographical errors in this guide.



## **WHAT THE NEW HAMPSHIRE RESOURCE GUIDE IS**

This guide is intended to be used as a resource to aid people in finding organizations that serve minority populations in New Hampshire. The guide is not a replacement for a professional referral for health care or other services, however. This guide can be used to assist people in finding service organizations that exist in New Hampshire. The New Hampshire Department of Health and Human Services (DHHS) and the Office of Minority Health (OMH) are committed to individuals being able to access quality culturally competent health care, which is the primary purpose of this guide.

This guide is always to be considered a work in progress as some resources fade away and new ones are started. In this way the guide is considered to be dynamic and is always in a state of updating. If you note errors or omissions please contact the Office of Minority Health at 1-800- 852-3345 Ext. 3986 (in-state only) or direct at (603) 271-3986.

If you are a health care organization and would like to be considered for inclusion in this guide please complete the Update Form at the back of this document and follow the directions to mail the information to the NH OMH. If you are already included in the guide and want to update your information or be removed from the guide, complete the Update Form and follow the mailing instructions.

### **Introduction**

The Office of Minority Health was established in October 1999. It emerged as a reflection of DHHS' commitment to provide access to quality and competent health services to all residents of New Hampshire. The State of New Hampshire and the Office of Minority Health recognize that minorities experience a disproportionate burden of illness and disease that is greater than the majority population. Given that premise, a variety of resources need to be available and accessible by those in need of services. As the diversity of peoples rises in New Hampshire so does the need for resources to serve this ever growing population. Having resources is important but knowing where and who is providing the services are equally important.

Many of the organizations listed in this guide are available to anyone, not just minorities. We offer this guide in hopes that you will find it a useful tool to assist you in navigating the health resources available in the State of New Hampshire. Other resources that are included in this guide are not directly related to in state health services but are also a useful tool for those seeking assistance with a variety of other issues that minorities may be challenged with.

## **OFFICE OF MINORITY HEALTH PARTNERS**

### **Office of Minority Health Region I, US Department of Health & Human Services**

This Office is assisting DHHS to develop a racial and ethnic data collection system.

### **Office for Civil Rights, US Department of Health & Human Services**

This Office is assisting DHHS in conducting civil rights and cultural competency training for DHHS employees statewide.

### **US Department of Agriculture**

This agency is working with DHHS regarding racial and ethnic data collection and analysis for programs funded by this federal department.

### **US Department of Health and Human Services**

This agency provides oversight to the Office for Civil Rights, and many other programs, and provides access to data collection and analysis for programs funded by this federal department.

### **New England Coalition for Health Equity**

This regional coalition partners with all six New England states to develop a racial and ethnic data symposium and to strengthen the state databases regarding racial and ethnic health data.

### **NH Minority Health Coalition**

This agency assists DHHS in conducting cultural competency training and in developing a medical interpretation training program.

### **NH Refugee Program**

A program within the Office of Energy and Planning (OEP) that provides federally funded services to refugees resettled in New Hampshire in accordance with federal statutes and the NH State Plan. The major goal of this program is to assist refugees in achieving economic self-sufficiency and social adjustment upon arrival to the United States.

### **Southern NH Area Health Education Center**

This is a community-based organization with a focus on workforce development. Southern NH Area Health Education Center currently serves Cheshire, Hillsborough, Merrimack, Rockingham, Strafford and Sullivan Counties.

**Bureau of Health Statistics and Data Management**

This Bureau, which is a part of DHHS, collects, stores, analyzes and disseminates NH health-related data and performs custom analysis of data for DHHS and community customers and produces annual reports.

# OMH

## **REGION ONE OFFICES OF MINORITY HEALTH NEW ENGLAND**

### **US Office of Minority Health**

<http://www.omhrc.gov/>

### **Regional Minority Health Consultant**

Regional Minority Health Consultant

PHS - Region I

John F. Kennedy Federal Bldg, Room 2126

Boston, MA 02203

Phone: 617-565-1064

Fax: 617-565-4265

### **Connecticut**

<http://www.dph.state.ct.us>

<http://www.dph.state.ct.us/OMCH/hpomch.htm>

### **Maine**

<http://www.maine.gov/dhhs/boh/>

[http://www.maine.gov/dhhs/boh/minority\\_health/](http://www.maine.gov/dhhs/boh/minority_health/)

### **Massachusetts**

[www.state.ma.us/dph](http://www.state.ma.us/dph)

<http://www.state.ma.us/dph/omh/omh.htm>

### **New Hampshire**

<http://www.dhhs.state.nh.us>

<http://www.dhhs.state.nh.us/DHHS/MHO>

### **Vermont**

<http://healthvermont.gov/>

<http://healthvermont.gov/local/mhealth/minority.aspx>

### **Rhode Island**

[www.health.state.ri.us](http://www.health.state.ri.us)

<http://www.health.ri.gov/chic/minority/index.php>

## RACIAL/ETHNIC RESOURCES

**Resources listed below focus on the racial and ethnic minority populations of New Hampshire and may not have been listed elsewhere in this directory.**

<b>Hispanic Network</b> 41 Chandler Street Nashua, NH 03060 (603) 881-8065	<b>NH Office of Minority Health</b> 97 Pleasant Street Thayer Building Concord NH 03301 (603) 271-3986
<b>Latin American Center</b> 521 Maple Street Manchester, NH 03104 (603) 669-5661	<b>New Fellowship Baptist Church</b> Reverend Bertha Perkins 50 Ash Street Nashua, NH 03060 (603) 577-5469
<b>NAACP/Manchester</b> 326 Maple Street Manchester, NH 03103 (603) 669-5727	<b>New Hope Baptist Church</b> Reverend Arthur Hilson 263 Beverly Hill Road Portsmouth, NH 03801 (603) 431-7310
<b>NAACP/Portsmouth</b> P.O. Box 1261 Portsmouth, NH 03802 (603) 436-6099	<b>Southern NH Outreach for Black Unity</b> P.O. Box 3323 Nashua, NH 03061 (603) 882-8994
<b>NH Minority Health Coalition</b> 25 Lowell Street, 3 <sup>rd</sup> Floor Manchester, NH 03101 (603) 627-7703	



## **STATE HEALTH PROGRAMS**

Each year thousands of New Hampshire families benefit from a variety of preventive health care and education services available throughout the State. Many of these services are offered either directly through the New Hampshire DHHS Division of Public Health Services or through a contract with local health agencies. Emphasis is placed on providing services to people who do not have access to medical services. This section briefly describes health care programs offered by DHHS. Additional information about these programs as well as information about other programs can be obtained on the DHHS web site: [www.dhhs.state.nh.us](http://www.dhhs.state.nh.us).

### **Primary Care Centers**

The Department of Health and Human Services, Bureau of Maternal and Child Health contracts with community health agencies located throughout New Hampshire to provide primary health care services. Staffed with family physicians, nurse practitioners, social service providers, nutritionists and other health professionals, these centers provide the full range of primary care for all members of the family. Primary Care or Community Health Centers accept most forms of health insurance and offer a sliding fee scale based on income for uninsured clients. No one is turned away due to inability to pay.

*Services include:*

- ◆ Preventive health care
- ◆ Medical care for acute and chronic illnesses
- ◆ Hospital care
- ◆ Well child care
- ◆ Family planning
- ◆ Prenatal care and management of labor and delivery
- ◆ Geriatric health care
- ◆ Coordination of social, mental health, and medical services for the individual or family

### **Child Health Programs**

Child Health Programs throughout the State offer preventive health care services for healthy children ages newborn to six-years. Local home health care organizations operate these programs with partial funding from the Bureau of Maternal and Child Health. For more information call 271-4517 or (800) 852-3345, ext. 4517 or visit [www.dhhs.state.nh.us/DHHS/MCH](http://www.dhhs.state.nh.us/DHHS/MCH).

## **Child Development Services Network**

The Child Development Services Network (CDSN) is a collaborative, community-based, family-centered approach to the provision diagnostic evaluation services to children from birth through six years of age suspected of or at risk for altered developmental progress. General questions about referral or available services should be directed to the Clinical Services Division of the Clinical Genetics and Child Development Center at the Dartmouth-Hitchcock Center, Hanover, New Hampshire.

## **Family Planning Programs**

The Family Planning Program is a statewide program offering reproductive health services to women and men, as well as comprehensive well-woman care. Services are available regardless of a person's age, income, or marital status. Agency community health educators also offer a variety of educational programs (including HIV/AIDS-related topics) at minimal or no cost for teens, parents, school administrators, teachers, businesses and others. For more information call 271-4517 or (800) 852-3345, ext. 4517.

Services offered include:

- ◆ Physical examinations
- ◆ Screening tests (e.g., breast exam, pap smear)
- ◆ General health counseling and education
- ◆ HIV education, counseling and testing on-site or by referral
- ◆ Contraceptive method management
- ◆ Pregnancy diagnosis and counseling
- ◆ Diagnosis and treatment of common gynecological problems, including sexually-transmitted diseases
- ◆ Community education and outreach

## **Teen Clinics**

Specialized services for teens are offered through Teen Clinics at a number of Family Planning Sites. The teen clinics generally operate during afternoon or weekend hours and allow teens to walk in without an appointment. Peer educators greet teens and help to create a friendly environment. Services include confidential and affordable reproductive health care and nutrition information, substance abuse and mental health assessment, education and counseling.

## **Prenatal Program**

The goal of the Prenatal Program is to promote positive pregnancy outcomes by offering comprehensive prenatal, intrapartal, and postpartum care to low-income women.

Emphasis is placed on reaching and serving adolescent-age women. For more information call 271-4517 or (800) 852-3345, ext. 4517.

### **STD/HIV Program**

The STD/HIV program works to prevent the spread of sexually transmitted diseases including HIV, to ensure access to appropriate treatment to those who are infected, and to increase public knowledge about these infections and their prevention. For more information call (603) 271-4502 or 800-852-3345 ext. 4502.

Services offered include:

- ◆ HIV/AIDS Hotline (800-752-AIDS): an information and referral hotline. Counselors are available from 8:30 am to 4:30 pm. If no one is available, the recording will refer the caller to the CDC HIV/AIDS hotline.
- ◆ STD Hotline (800-228-0254): an informational hotline that provides answers to questions about STD prevention and treatment. Counselors answer the phone Monday through Friday from 8:30 am to 4:30 p.m.
- ◆ Confidential HIV counseling and testing is offered at 21 sites across the State, many of which also offer STD testing and treatment. STD clinics offer patient education, physical exams, laboratory tests and treatment for the most commonly diagnosed sexually transmitted diseases.
- ◆ Confidential Partner Counseling and Referral Services for individuals who test positive for HIV and STD infections.
- ◆ Funding to community-based organizations to provide local HIV prevention services to individuals at risk of infection and to infected individuals to assist them in maintaining the healthiest possible lifestyle.
- ◆ Assistance with training and education for professionals and the public.
- ◆ Distribution of literature
- ◆ Compilation and distribution of statistics regarding HIV/AIDS and STDs in New Hampshire.

### **Tuberculosis Control Program**

Tuberculosis is seen with increasing frequency in persons infected with HIV, and the two concurrent infections require special evaluation and management. The Tuberculosis Control Program monitors the course of therapy for clients with tuberculosis infection and/or disease. Financial assistance is available for the purchase of anti-tuberculosis medication and outpatient medical follow-up of clients who meet certain financial guidelines. For more information call (603) 271-4496 or (800) 852-3345, ext. 4496.

### **Women, Infants and Children Program (WIC)**


The WIC Program offers supplemental, nutritious foods to pregnant and breastfeeding women, and to children up to the age of five. Program recipients must be determined to

be at nutritional risk because of either a medical condition or a dietary inadequacy that affects their nutritional status. The Bureau of WIC Nutrition Services also operates the Commodity Supplemental Food Program (CSFP), which provides both surplus and federally purchased commodity foods to income-eligible households. Requirements are similar to those for WIC. HIV-infected children (under five years of age) and pregnant women may be eligible for WIC if they meet the income criteria. For more information on the WIC Program, call (800) WIC-4321, visit the WIC website at [www.dhhs.state.nh.us/DHHS/WIC](http://www.dhhs.state.nh.us/DHHS/WIC) or contact one of the following agencies.

<b>Ammonoosuc Family Community Services</b> 25 Mount Eustis Road Littleton, NH 03561 (603) 444-6192 (800) 530-5987	<b>Coos County Family Health Services</b> 54 Willow Street Berlin, NH 03570 (603) 752-4678 (888) 266-7942 <a href="http://www.coosfamilyhealth.org">www.coosfamilyhealth.org</a>
<b>Avis Goodwin Community Health</b> 22 South Main Street Rochester, NH 03867 (603) 332-4358	<b>Ossipee Concerned Citizens</b> Dore St., P.O. Box 426 Center Ossipee, NH 03814 (603) 539-6821 (800) 411-1106
<b>Belknap-Merrimack CAP</b> 2 Industrial Park Drive Concord, NH 03301 (603) 225-2050 (800) 578-2050	<b>Rockingham County CAP</b> 35 High Street Exeter, NH 03833 (603) 778-1834 (800) 256-9880
<b>Southern NH Services</b> 40 Pine St., P.O. Box 5040 Manchester, NH 03108 (603) 668-8010 (800) 322-1073  134 Allds Street Nashua, NH 03060 (603) 889-3440 (877) 211-0723	<b>Tri-County CAP</b> 30 Exchange St Berlin, NH 03570 (603) 752-3248
<b>Southwestern Community Services</b> 69-Z Island St., P.O. Box 603 Keene, NH 03431-0603 (603) 352-7512 (800) 529 0005 <a href="http://www.scshehelps.org">www.scshehelps.org</a>	<b>Visiting Nurse Alliance</b> 325 Mt Support Road Lebanon, NH 03766 (603) 448-1597 (800) 789-3780 <a href="http://www.vnaa.org">www.vnaa.org</a>

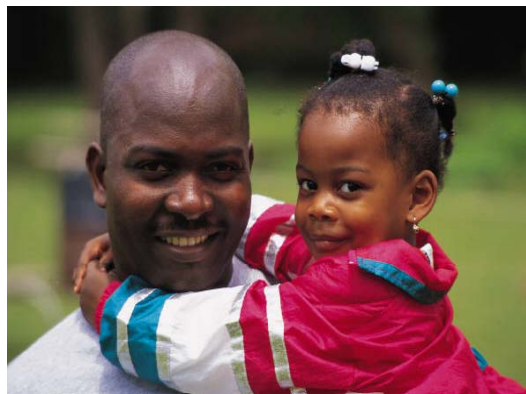
**PRIMARY CARE, FAMILY PLANNING, PRENATAL,  
CHILD HEALTH, STD and HIV SERVICES**

Codes indicate the types of services offered at each clinic site: **PC** (Primary Care - Note, Primary Care Centers provide other services as part of a larger package), **CH** (Child Health), **FP** (Family Planning), **TEEN** (Teen Clinic), **PN** (Prenatal), **HIV** and **STD**. Services provided may change - please call ahead and check if specific services you require are available.

<p><b>Ammonoosuc Family Health Services - PC</b>  25 Mount Eustis Road  Littleton, NH 03561  (603) 444-2464  <a href="http://www.nchin.org/achs">www.nchin.org/achs</a></p> <p>Main Street, Rte. 25  Warren, NH 03279  (603) 764-5704</p> <p>14 King's Square  Whitefield, NH 03598  (603) 837-2333</p>	<p><b>Community Lane - CH, PN</b>  P.O. Box 496  Peterborough, NH 03458</p> 
<p><b>Avis Goodwin Community Health - PC</b>  19 Old Rollinsford Road  Dover, NH 03820  (603) 749-2346  <a href="http://www.avisgoodwinchc.org">www.avisgoodwinchc.org</a></p>	<p><b>Home Health Care Hospice - CH, PN</b>  10 Main Street  Wilton, NH 03086  (603) 654-2820  (603) 532-8353HCS</p>
<p><b>Capital Family Health Center - PC</b>  250 Pleasant Street  Concord, NH 03301  (603) 225-2711  <a href="http://www.concordhospital.org">www.concordhospital.org</a></p>	<p><b>Coos County Family Health Services - PC</b>  54 Willow Street  Berlin, NH 03570  (603) 752-4678  <a href="http://www.coosfamilyhealth.org">www.coosfamilyhealth.org</a></p>
<p><b>Child Health Services - CH</b>  1245 Elm Street  Manchester, NH 03101  (603) 668-6629</p>	<p><b>Cottage Hospital - CH, FP, PN</b>  Swiftwater Road,  P.O. Box 2001  Woodsville, NH 03785  (603) 747-9000  <a href="http://www.cottagehospital.org">www.cottagehospital.org</a></p>

<b>Community Health and Hospice - CH</b> 780 North Main Street P.O. Box 578 Laconia, NH 03247 (603) 524-8444	<b>Family Planning &amp; Prenatal Program - FP, TEEN, HIV, PN, STD</b> <b>CAP Belknap/ Merrimack County</b> 121 Belmont Road Laconia, NH 03246 (603) 524-5453
<b>Families First Health Center - CH, PN</b> 100 Campus Drive, Suite 12 Portsmouth, NH 03801 (603) 422-8208 <a href="http://www.familiesfirstseacoast.org">www.familiesfirstseacoast.org</a>	<b>Home Healthcare Hospice And Community Services - CH, PN</b> 312 Marlboro Street, P.O. Box 564 Keene, NH 03431 (603) 352-2253
<b>Feminist Health Center - FP, HIV, STD,</b> 559 Portsmouth Ave, P.O. Box 456 Greenland, NH 03840 (603) 436-7588	<b>Lake Sunapee Region - VNA CH</b> 107 Newport Road P.O. Box 2209 New London, NH 03257 (603) 526-4077
<b>Franklin Family Planning, CAP Belknap/ Merrimack Counties - FP, TEEN</b> 841 Central Street #102 Franklin, NH 03235 (603) 934-4905	<b>Lamprey Health Care - PC</b> 207 South Main Street Newmarket, NH 03857 (603) 659-3106
<b>Franklin Visiting Nurses Association - CH</b> 75 Chestnut Street Franklin, NH 03235 (603) 934-3454 <a href="http://www.vnafnh.org">www.vnafnh.org</a>	<b>Lamprey Health Care - PC</b> 128 State Route 27 Raymond, NH 03077 (603) 895-3351
<b>Health First Family Care - PC</b> 841 Central Street Franklin, NH 03235 (603) 934-1464 <a href="http://www.healthfirstfamily.org">www.healthfirstfamily.org</a>	<b>Manchester Community Health Center - PC</b> 1415 Elm Street, 2 <sup>nd</sup> Floor Manchester, NH 03101 (603) 626-9500 <a href="http://www.mchc-nh.org">www.mchc-nh.org</a>


<b>Home Health and Hospice Care - CH</b> 80 Continental Boulevard Merrimack, NH 03054 (603) 424-3822 <a href="http://www.hhhc.org">www.hhhc.org</a>	<b>Manchester Health Department - CH, HIV, STD</b> 1528 Elm Street Manchester, NH 03101 (603) 624-6466
<b>Home Healthcare Hospice and Community Services - CH, PN</b> 33 Arbor Way, P.O. Box 343 Charlestown, NH 03603 (603) 826-3322 <a href="http://www.hcsservices.org">www.hcsservices.org</a>	<b>Mascoma Home Health Services - CH</b> Main Street, P.O. Box 118 Canaan, NH 03741 (603) 523-4402
<b>Nashua Health Department - HIV, STD</b> 18 Mulberry Street Nashua NH 03063 (603) 589-4500	<b>Planned Parenthood of Northern NE - FP, HIV, STD TEEN</b> Depot Street Newport, NH 03773 (603) 863-3050
<b>Neighborhood Health Center for Greater Nashua, Inc. - HIV (teens only) FP, TEEN, PN</b> 10 Prospect Street Suite 102 Nashua, NH 03060 (603) 883-1626 <a href="http://www.lampreyhealth.org">www.lampreyhealth.org</a>	<b>Planned Parenthood of Northern NE - FP, HIV, STD</b> 167 High Street Portsmouth, NH 03801 (603) 431-6803
<b>Planned Parenthood of Northern NE - CH, FP, HIV, PN, STD TEEN 241 Elm Street</b> Claremont, NH 03743 (603) 542-4568 <a href="http://www.ppnne.org">www.ppnne.org</a> (All PPNNE locations)	<b>Planned Parenthood of Northern NE - FP, HIV, STD</b> 89 South Main Street West Lebanon, NH 03784 (603) 298-7766 Fax: (603) 298-5976



<b>Planned Parenthood of Northern NE - FP, HIV, STD</b> 4 Birch Street Derry, NH 03038 (603) 434-1354	<b>Plymouth Family Planning - FP, STD, TEEN, HIV</b> 258 Highland Street Plymouth, NH 03264 (603) 536-3584
<b>Planned Parenthood of Northern NE - FP, HIV, STD</b> 108 High Street Exeter, NH 03833 (603) 772-9315	<b>Portsmouth Home Health &amp; Hospice - CH</b> 95 Brewery Lane Portsmouth, NH 03801 (603) 436-0815
<b>Planned Parenthood of Northern NE - FP, HIV, STD</b> 8 Middle Street Keene, NH 03431 (603) 352-6898	<b>Rochester Visiting Nurse Association - PN</b> 178 Farmington Road Rochester, NH 03867-3414 (603) 332-1133 <a href="http://www.yourvna.org">www.yourvna.org</a>
<b>Planned Parenthood of Northern NE - FP, HIV, STD</b> 24 Pennacook Street Manchester, NH 03104 (603) 669-7321	<b>Rockingham VNA &amp; Hospice - CH</b> 137 Epping Road Exeter, NH 03833 (603) 772-2981 <a href="http://www.foreveryday.com">www.foreveryday.com</a>
<b>Planned Parenthood of Northern NE - CH, FP, HIV, PN, STD TEEN</b> 241 Elm Street Claremont, NH 03743 (603) 542-4568 <a href="http://www.ppnne.org">www.ppnne.org</a> (All PPNNE locations)	<b>Planned Parenthood of Northern NE - FP, HIV, STD</b> 89 South Main Street West Lebanon, NH 03784 (603) 298-7766 Fax: (603) 298-5976





<b>Visiting Nurse Alliance of VT &amp; NH - CH, PN</b> 325 Mount Support Road Lebanon, NH 03766 (603) 448-1597	<b>White Mountain Community Health - FP, TEEN, HIV, PN, STD</b> 127 Route 28 Ossipee, NH 03864 (603) 539-7552
<b>VNA Community Services, Inc. - CH, PN</b> 1850 Elm Street Manchester, NH 03104 (603) 622-3781 <a href="http://www.manchestervna.org">www.manchestervna.org</a>	<b>White Mountain Health - FP, TEEN, HIV, PN, STD</b> P.O. Box 2800 298 White Mountain Hwy. Conway, NH 03818 (603) 447-8900 <a href="http://www.whitemountainhealth.org">www.whitemountainhealth.org</a>
<b>VNA Home Health &amp; Hospice, Inc. - CH, PN</b> 1850 Elm Street Manchester, NH 03104 (603) 622-3781 <a href="http://www.manchestervna.org">www.manchestervna.org</a>	

## NH OMH

**April Is National Minority Health Month**

## **FEDERAL & STATE BENEFIT PROGRAMS**

### **Temporary Assistance to Needy Families (TANF)**

The TANF program provides semi-monthly payments to families in need with children under 18 years of age in which one or both parents is disabled or absent from the home (i.e., divorce, separation, abandonment, incarceration, institutionalization, or deceased). Eligibility for TANF depends on family income, assets, and expenses. A family that becomes eligible for TANF is automatically eligible for Medicaid. Applications for this program are available at the local New Hampshire Department of Health and Human Services District Offices.

### **Local Welfare**

Each town, city and county in New Hampshire administers its own relief programs. Assistance is usually granted in the form of vouchers paid directly to vendors for goods and services (e.g., food, rent, heat, utilities). Larger towns and cities often have full-time offices with regular business hours. Check under “Government, City/Town” in the Yellow Pages for phone numbers. (In smaller towns, contact the Town Office for more details.) These local units are required by law to provide assistance to people who live within their jurisdiction when: 1) no other means of support is present; 2) temporary assistance is required; or 3) a person’s basic needs exceed his/her customary income.

### **Food Stamp Program**

The Food Stamp Program provides assistance in the form of food coupons to eligible families. These coupons are used like cash to purchase food items essential for good health. Households must meet gross- and net-income requirements. If the household contains a member who is disabled, they need only meet net-income criteria. Applications are available from local New Hampshire DHHS District Offices.

The applicant is interviewed and asked to provide the following:

- ◆ Proof of all income
- ◆ Information about available cash, and checking and savings accounts
- ◆ Certificates of deposit, individual retirement accounts (IRA)
- ◆ Social Security cards
- ◆ Award letters regarding Social Security benefits
- ◆ Life insurance policies
- ◆ Proof of residency
- ◆ Household composition
- ◆ Shelter costs
- ◆ Medical expenses

### **Aid to the Permanently and Totally Disabled (APTD)**

The Aid to the Permanently and Totally Disabled (APTD) program offers financial and medical assistance to both the physically and/or mentally disabled individual between the ages of 18 and 64. Eligibility criteria are based on income, assets, and expenses at the time of the application. All persons living with AIDS or HIV disease are eligible provided they meet certain criteria. Note: Financial criteria changes throughout the fiscal year. Persons interested in determining the most recent figures should call the DHHS District Office nearest them (see the list on page 21).

### **Medical Assistance Program (MEDICAID)**

For individuals who meet the technical and categorical requirements of either the TANF or APTD programs, the Medicaid program pays for some healthcare costs (e.g., doctor and hospital bills, prescriptions, dental care for children) up to the program's limits. If a person meets all other requirements but is over the income limit for medical assistance, Medicaid provides coverage for medical expenses incurred, but only after the person spends down the amount stipulated under its In-and-Out Program. For additional information, call your local DHHS District Office.

### **Catastrophic Illness Program (CIP)**

The Catastrophic Illness Program provides financial assistance to New Hampshire residents who require extensive medical care and treatment for specific illnesses. People living with AIDS who have Kaposi's sarcoma or other cancers may be eligible under the program's coverage for cancer if they meet income guidelines. (There can be a waiting list for services.) The program can make partial payment up to 50% of original charges for outpatient treatment of these cancers. This includes radiation treatments, chemotherapy, physician fees, X-rays and laboratory testing. Assistance is also available for medications ordered for the treatment of cancer and its side effects. Payments are made directly to the pharmacy, doctor, or hospital on behalf of a client. For more information and application forms, contact the NH DHHS Division of Public Health Services, Bureau of Special Medical Services, Catastrophic Illness Program at 271-4488 or (800) 852-3345 ext. 4488.

### **AIDS Drug Assistance Program (ADAP)**

Federal money is available through the NH DHHS Division of Public Health Services to assist HIV-infected individuals or persons living with AIDS in obtaining certain HIV/AIDS-related drugs. Applicants must meet financial and medical qualification guidelines. The program is for individuals who do not qualify for Medicaid or whose

health insurance doesn't cover drug reimbursement. For information and application forms call the NH STD/HIV Program at (800) 752-AIDS or (800) 852-3345 ext. 4502.

### **Home- and Community-Based Care Services**

The AIDS Home Care Program is a federal grant subsidy that provides financial assistance to low-income, medically needy persons with HIV or AIDS who are either medically or chronically dependent. The following services and items can be provided:

- ◆ Durable medical equipment
- ◆ Homemaker/home health aide services and personal care services in the individual's home, including respite care
- ◆ Day treatment or partial hospitalization
- ◆ Home intravenous (IV) therapy, including IV-prescription drugs and monitoring by skilled nursing personnel
- ◆ Routine diagnostic tests administered in the home

Payments are made directly to the hospital, equipment provider or health care provider on behalf of the client. For more information and application forms, contact the NH DHHS Division of Public Health Services, Bureau of Special Medical Services at 271-4488 or (800) 852-3345 ext. 4488, or (800) 752-AIDS.

### **Low Income Energy Programs (LIEP)**

The Low Income Energy Programs are statewide programs for low-income, elderly, or disabled households to assist with heating costs and weatherization services. New Hampshire's Governor's Office of Energy and Community Services administer both programs.

The Fuel Assistance Program (FAP) provides direct benefits to pay for heating bills. Eligibility for FAP is based upon household income and household size.

The Weatherization Assistance Program (WAP) reduces energy consumption through the installation of energy-efficient materials (e.g., weather stripping, window replacement, insulation, and through heat source repairs).

Eligibility for both programs is based on income and vulnerability to high heating costs. For WAP priority is given to those whose high energy costs are due to the inability to make cost effective energy conservation improvements to their homes.

Local Community Action Program (CAP) offices are designated as field registration sites. The CAP offices accept applications and determine eligibility and benefit levels. For additional help with fuel or energy-related problems one can contact a CAP office, the Public Utilities Consumers Council, the Governor's Energy Council, and town and country welfare offices.

## Community Action Program Offices

<b>Belknap/Merrimack County</b> 2 Industrial Park Drive Concord, NH 03301 (603) 225-3295 (800) 856-5525 <a href="http://www.bm-cap.org">www.bm-cap.org</a> Serving: Concord (603) 225-6880 Franklin (603) 934-3444 Laconia (603) 524-5512 Meredith (603) 279-4096 Pembroke (603) 485-7824 Warner (603) 456-2207	<b>Southwestern Community Services</b> 96-102 Main Street Claremont, NH 03743 (603) 542-9528 (800) 529-0005 <a href="http://www.scshehelps.org">www.scshehelps.org</a>
<b>Rockingham County Action</b> 7 Junkins Avenue Portsmouth, NH 03801 (603) 431-2911 <a href="http://www.rcaction.org">www.rcaction.org</a> Serving: Derry (603) 432-5573 Exeter (603) 778-1834 Raymond (603) 895-2303 Salem (603) 893-9172 Seabrook (603) 474-3507	<b>Strafford County</b> 259 County Farm Road Dover, NH 03821 <a href="http://www.straffcap.org">www.straffcap.org</a> Serving: Dover (603) 749-1334 Farmington (603) 755-9305 Milton (603) 652-9893 Rochester (603) 332-3963
<b>Southwestern Community Services</b> 69-Z Island Street Keene, NH 03431 (603) 352-7512 (800) 529-0005	<b>Tri County CAP</b> 30 Exchange Street Berlin, NH 03570 (800) 552-4617 <a href="http://www.tccap.org">www.tccap.org</a> Serving: Berlin (603) 752-3248 Colebrook (603) 237-8168 Lancaster (603) 788-4477 Lebanon (603) 448-4553 Littleton (603) 444-6653 Ossipee Ctr. (603) 539-4165 Plymouth (603) 536-8222 Woodsville (603) 747-3013

## Social Security (SS)

All people living with AIDS (and those with HIV disease who are disabled) should apply for Social Security benefits. Two programs currently exist: **Supplemental Security Income (SSI)** covers those who meet low-income and resource criteria. These criteria require that the applicant's resources (i.e., things owned such as real estate, personal belongings, cash and bank accounts) as well as income be below certain levels. **Social Security Disability (SSD)** covers those who have paid FICA or self-employment taxes. Payments are not based on need but rather on the monies contributed to the FICA or self-employment fund. Benefits can only be made after onset of disability. The amount of the benefit depends on how long a person worked and how much was earned. You can apply for either program by telephone using the Teleservice System at (800) 772-1213. Be prepared to submit the following information and identifications:

- ◆ Social security number and card
- ◆ Certified copy of your birth certificate
- ◆ List of all aspects of your condition that prevent you from working
- ◆ Names and addresses of physicians, hospitals, and clinics where you have been treated
- ◆ Dates and types of treatment received, medications you are presently taking, and doctor's restrictions
- ◆ The types of jobs you have held for the last 15 years
- ◆ Proof of any income you have received or expect to receive  
(**Note:** You must provide any claim number under which you have received or are receiving benefits, for example, a VA or welfare number. You must also provide copies of your bank statements for the past two months. Proof can include passbooks, checking account statements and check registers.)
- ◆ Car registration and any life-insurance policies, stocks or bonds you have
- ◆ If you rent, bring proof of your rental payment. If you share living arrangements, provide the names of other members of your household, who pays what and how much and offer proof of your household expenses (e.g., rent, utilities, and food) for the last 12 months.
- ◆ Other information may be requested



**Department of Health  
and Human Services (DHHS)  
District Offices**

DHHS District Offices are regional extensions of the Department. They provide information about and applications for a variety of State supplemental programs, including: Aid to the Permanently and Totally Disabled (APTD), Medical Assistance Program (MEDICAID), Food Stamp Program (FSP), Temporary Assistance to Needy Families (TANF) and Old Age Assistance (OAA). All sites can be accessed at the DHHS web site at [www.dhhs.state.nh.us](http://www.dhhs.state.nh.us).


<b>Berlin District Office</b> 231 Main Street, Berlin, NH 03570-2463 (603) 752-7800 (800) 972-6111 (800) 735-2964 TTY	<b>Littleton District Office</b> 80 N. Littleton Road Littleton, NH 03561-3814 (603) 444-6786 (800) 552-8959
<b>Claremont District Office</b> 17 Water Street, Suite 301 Claremont, NH 03743-0870 (603) 542-9544 (800) 982-1001 (800) 735-2964 TTY	<b>Manchester District Office</b> 195 McGregor Street South Tower, Suite 110 Manchester, NH 03102 (603) 668-2330 (800)-852-7493
<b>Concord District Office</b> 40 Terrill Park Drive Concord, NH 03301-7325 (603) 271-6200 (800) 322-9191 (800) 735-2964 TTY	<b>Nashua District Office</b> 19 Chestnut Street Nashua, NH 03060 (603) 883-7726 (800) 852-0632
<b>Conway District Office</b> 73 Hobbs Street Conway, NH 03818-1946 (603) 447-3841 (800) 552-4628	<b>Portsmouth District Office</b> 30 Maplewood Ave., Suite 200 Portsmouth, NH 03801-3737 (603) 433-8300 (800) 821-0326
<b>Keene District Office</b> 809 Court Street Keene, NH 03431-1712 (603) 357-3510 (800) 624-9700	<b>Rochester District Office</b> 150 Wakefield Street Suite 22 Rochester, NH 03867-1309 (603) 332-9120 (800) 862-5300
<b>Laconia District Office</b> 65 Beacon Street West Laconia, NH 03246-3428 (603) 524-4485 (800) 322-2121	<b>Salem District Office</b> 154 Main Street, Suite 1 Salem, NH 03079-3191 (603) 893-9763 (800) 852-7492

## HOSPITALS IN NEW HAMPSHIRE

<b>Alice Peck Day Hospital</b> 125 Mascoma Street Lebanon, NH 03766 (603) 448-3121 <a href="http://www.alicepeckday.org">www.alicepeckday.org</a>	<b>Crotched Mountain Rehabilitation Center</b> One Verney Drive Greenfield, NH 03047 (603) 547-3311 <a href="http://www.crotchedmountain.org">www.crotchedmountain.org</a>
<b>Androscoggin Valley Hospital</b> 59 Page Hill Road Berlin, NH 03570 (603) 752-2200 <a href="http://www.avhosp.org">www.avhosp.org</a>	<b>Dartmouth-Hitchcock</b> One Medical Center Drive Lebanon, NH 03756 (603) 650-5000 <a href="http://www.hitchcock.org">www.hitchcock.org</a>
<b>Catholic Medical Center</b> 100 McGregor Street Manchester, NH 03102 (603) 668-3545 (800) 437-9666 (in state) <a href="http://www.catholicmedicalcenter.org">www.catholicmedicalcenter.org</a>	<b>Elliot Hospital</b> 1 Elliot Way Manchester, NH 03103 (603) 669-5300 <a href="http://www.elliothospital.org">www.elliothospital.org</a>
<b>Cheshire Medical Center</b> 580 Court Street Keene, NH 03431 (603) 354-5400 <a href="http://www.cheshire-med.com">www.cheshire-med.com</a>	<b>Exeter Hospital</b> 5 Alumni Drive Exeter, NH 03833 (603) 778-7311 <a href="http://www.foreveryday.com/hospital">www.foreveryday.com/hospital</a>
<b>Concord Hospital</b> 250 Pleasant Street Concord, NH 03301 (603) 225-2711 <a href="http://www.concordhospital.org">www.concordhospital.org</a>	<b>Franklin Regional Hospital</b> 15 Aiken Avenue Franklin, NH 03235 (603) 934-2060 <a href="http://www.lrgh.org/franklin">www.lrgh.org/franklin</a>
<b>Cottage Hospital</b> Swiftwater Road P.O. Box 2001 Woodsville, NH 03785 (603) 747-9000 <a href="http://www.cottagehospital.com">www.cottagehospital.com</a>	<b>Frisbie Memorial Hospital</b> 11 Whitehall Road Rochester, NH 03867 (603) 332-5211 <a href="http://www.frisbiehospital.com">www.frisbiehospital.com</a>



<b>Huggins Hospital</b> 240 South Main Street Wolfeboro, NH 03894-0912 (603) 569-7500 <a href="http://www.hugginshospital.org">www.hugginshospital.org</a>	<b>Northeast Rehabilitation Hospital, Inc.</b> 70 Butler Street Salem, NH 03079 (603) 893-2900 <a href="http://www.northeastrehab.com">www.northeastrehab.com</a>
<b>Lakes Region Hospital</b> 80 Highland Street Laconia, NH 03246 (603) 524-3211 <a href="http://www.lrhg.org">www.lrhg.org</a>	<b>Parkland Medical Center</b> One Parkland Drive Derry, NH 03038 (603) 432-1500 <a href="http://www.parklandmedicalcenter.com">www.parklandmedicalcenter.com</a>
<b>Littleton Regional Hospital</b> 600 St. Johnsbury Road Littleton, NH 03561 (603) 444-9000 (800) 464-7731 <a href="http://www.littletonhospital.org">www.littletonhospital.org</a>	<b>Portsmouth Regional Hospital</b> 333 Borthwick Avenue Portsmouth, NH 03801 (603) 436-5110 <a href="http://www.portsmouthhospital.com">www.portsmouthhospital.com</a>
<b>Memorial Hospital</b> 3073 White Mountain Highway P.O. Box 5001 North Conway, NH 03860 (603) 356-5461 <a href="http://www.thememorialhospital.org">www.thememorialhospital.org</a>	<b>Speare Memorial Hospital</b> 16 Hospital Road Plymouth, NH 03264 (603) 536-1120 <a href="http://www.spearehospital.com">www.spearehospital.com</a>
<b>Monadnock Community Hospital</b> 452 Old Street Road Peterborough, NH 03458 (603) 924-7191 <a href="http://www.monadnockhospital.org">www.monadnockhospital.org</a>	<b>Southern NH Medical Center</b> 8 Prospect Street P.O. Box 2014 Nashua, NH 03061 (603) 577-2200 <a href="http://www.snhmc.org">www.snhmc.org</a>
<b>New London Hospital</b> 273 County Road New London, NH 03257 (603) 526-2911 <a href="http://www.newlondonhospital.org">www.newlondonhospital.org</a>	<b>St. Joseph Healthcare</b> 172 Kinsley Street Nashua, NH 03061 (603) 882-3000 <a href="http://www.stjosephhospital.com">www.stjosephhospital.com</a>

<p><b>Upper Connecticut Valley Hospital</b>  Corliss Lane, RR 2, Box 13  Colebrook, NH 03576  (603) 237-4971  Fax: (603) 237-4452  <a href="http://www.hitchcock.org">www.hitchcock.org</a></p>	<p><b>Weeks Memorial Hospital</b>  173 Middle Street  Lancaster, NH 03584  (603) 788-4911  <a href="http://www.weeks.hitchcock.org">www.weeks.hitchcock.org</a></p>
<p><b>Valley Regional Hospital</b>  243 Elm Street  Claremont, NH 03743  (603) 542-7771  <a href="http://www.vrh.org">www.vrh.org</a></p>	<p><b>Wentworth-Douglas Hospital</b>  789 Central Avenue  Dover, NH 03820  (603) 742-5252  <a href="http://www.wdhospital.com">www.wdhospital.com</a></p>
<p><b>VA Medical Center</b>  718 Smyth Road  Manchester, NH 03104  (603) 624-4366  (800) 892-8384  <a href="http://www.va.gov/visn1/manchester">www.va.gov/visn1/manchester</a></p>	

## **VISITING NURSE ASSOCIATIONS & HOME HEALTH AGENCIES**

Visiting Nurse Associations (VNA) and Home Health Agencies offer a variety of services to the communities they serve, ensuring a continuity of service and coordination to people either recovering from hospitalization or who are chronically and/or terminally ill. Most VNAs and Home Health Agencies consist of a multi-disciplinary staff of nurses, therapists, dieticians, social workers, nurses' aides and homemakers. These specialists provide a complete line of services to the home patient.

VNA and Home Health Agency care is paid in a number of ways, including private insurance (e.g., Blue Cross/Blue Shield), private payment and Medicaid. For those who cannot pay full costs, sliding fees scaled on income, number of dependents, outstanding medical bills, and the level and length of care are typically available.

<b>Androscoggin Valley Home Care Services</b> 795 Main Street Berlin, NH 03570 (603) 752-7505 (800) 559-7505 <a href="http://www.nchin.org/avhcs">www.nchin.org/avhcs</a>	<b>Benda Home Care Solutions</b> 10 Vaughan Mall, Suite 16 Portsmouth, NH 03801 (603) 431-0505
<b>Androscoggin Valley Hospital Home Health</b> 59 Page Hill Road Berlin, NH 03570 (603) 752-2200	<b>Carroll County Health and Home Care Services</b> Community Resource Center P.O. Box 420 Chocorua, NH 03817 (603) 323-9394 (800) 499-4171 <a href="http://www.thememorialhospital.org">www.thememorialhospital.org</a>
<b>Area Homemaker Home Health Service</b> 1320 Woodbury Avenue Portsmouth, NH 03801 (603) 436-9059	<b>Community Health &amp; Hospice</b> 780 North Main Street Laconia, NH 03246 (603) 524-8444 (800) 244-8549 <a href="http://www.chhnh.org">www.chhnh.org</a>
<b>Concord Regional VNA</b> 250 Pleasant Street P.O. Box 1797 Concord, NH 03302-1797 (603) 224-4093 (800) 924-8620 <a href="http://www.crvna.org">www.crvna.org</a>	<b>Home Health &amp; Hospice</b> 312 Marlboro Street P.O. Box 564 Keene, NH 03431 (603) 352-2253 (800) 541-4145 <a href="http://www.hcsservices.org">www.hcsservices.org</a>

<b>Healthy at Home, Inc</b> 45 High Street, Suite 2 Nashua, NH 03060 (603) 595-4243 <a href="http://www.healthyathome.org">www.healthyathome.org</a>	<b>Home Health &amp; Hospice</b> 312 Marlboro Street P.O. Box 564 Keene, NH 03431 (603) 352-2253 (800) 541-4145 <a href="http://www.hcsservices.org">www.hcsservices.org</a>
<b>Healthy at Home, Inc</b> 45 High Street, Suite 2 Nashua, NH 03060 (603) 595-4243 <a href="http://www.healthyathome.org">www.healthyathome.org</a>	<b>Homemakers of Strafford County</b> 215 Rochester Hill Road Rochester, NH 03867 (603) 335-1771 <a href="http://www.thehomemakers.org">www.thehomemakers.org</a>
<b>Home Care Association of New Hampshire</b> 8 Green Street, Suite 2 Concord, NH 03301-4012 (603) 225-5597 (800) 639-1949 <a href="http://www.homecarenh.org">www.homecarenh.org</a>	<b>Interim Health Care</b> P.O. Box 1780 Manchester, NH 03105-1780 (603) 668-6956 <a href="http://www.interimhealthcare.com">www.interimhealthcare.com</a>
<b>Home Community Health Care of the Upper Valley</b> 325 Mount Support Lebanon, NH 03766 (603) 448-1597	<b>Lake Sunapee Region VNA</b> 107 Newport Road New London, NH 03257-2209 (603) 526-4077 <a href="http://www.lakesunapeevna.org">www.lakesunapeevna.org</a>
<b>Home Health &amp; Hospice Care</b> 80 Continental Blvd Merrimack, NH 03054 (603) 424-3822 <a href="http://www.hhhc.org">www.hhhc.org</a>  22 Prospect Street Nashua, NH 03060 (800) 887-5973	<b>Manchester VNA</b> 1850 Elm Street Manchester, NH 03104 (603) 622-3781 (800) 624-6084 <a href="http://www.manchestervna.org">www.manchestervna.org</a>
<b>Meredith Public Health Nursing Association</b> 45 NH Route 25 Meredith, NH 03253 (603) 279-6611 <a href="http://www.mphna.org">www.mphna.org</a>	<b>Newfound Area Nursing Association</b> 214 Lake Street Bristol, NH 03222 (603) 744-2733

<b>North Country Home Health</b> 536 Cottage Street Littleton, NH 03561 (603) 444-5317 <a href="http://www.nchin.org">www.nchin.org</a>	<b>Souhegan Home Hospice Care</b> 24 North River Road Milford, NH 03055 (603) 673-3460
<b>Pemi-Baker Home Health</b> 258 Highland Street, Suite 14 Plymouth, NH 03264 (603) 536-2232	<b>Tamworth Community Nursing Association</b> P.O. Box 352 Tamworth, NH 03886 (603) 323-8511
<b>Portsmouth/Derry/Salem Home Health and Hospice</b> 95 Brewery Lane Portsmouth, NH 03801 (603) 436-0815	<b>Upper Connecticut Valley Home Health Agency</b> RR 2, Box 13 Colebrook, NH 03576 (603) 237-4971 <a href="http://www.hitchcock.org">www.hitchcock.org</a>
<b>Derry/Salem Office</b> 1 Commons Drive #31 Londonderry, NH 03053 (603) 437-9443	<b>Visiting Nurse Association of Franklin</b> 75 Chestnut Street Franklin, NH 03235 (603) 934-345
<b>Rockingham VNA &amp; Hospice</b> 137 Epping Road Exeter, NH 03833 (603) 772-2981	<b>Visiting Nurse Services of Northern Carroll County,</b> P.O. Box 432 North Conway, NH 03860 (603) 356-7006
<b>Seacoast VNA</b> 29 Lafayette Road North Hampton, NH 03862 (603) 926-2066 <a href="http://www.seacoastvna.org">www.seacoastvna.org</a>	<b>VNA/ Hospice of Southern Carroll County</b> 240 South Main Street P.O. Box 1620 Wolfeboro, NH 03894 (603) 569-2729
<b>Weeks Home Health Service</b> 278 Main Street Lancaster, NH 03584 (603) 788-5020	<b>Wentworth-Douglas Home Care and Hospice</b> 789 Central Avenue Dover, NH 03820-8805 (603) 742-5252 <a href="http://www.wdhospital.com">www.wdhospital.com</a>

<p><b>Northeast Rehabilitation Home Care Services</b> 70 Butler Street Salem, NH 03079 (603) 893-2900 <a href="http://www.northeastrehab.com">www.northeastrehab.com</a></p>	<p><b>Trusting Hands</b> P.O. Box 188 Newport, NH 03773 (603) 863-7708 <a href="http://www.communityalliance.net">www.communityalliance.net</a></p>
<p><b>Your VNA</b> 178 Farmington Road Rochester, NH 03867 (603) 332-1133 <a href="http://yourvna.org">http://yourvna.org</a></p>	



## COMMUNITY-BASED SUBSTANCE ABUSE PREVENTION COALITIONS

The following are community-based agencies/coalitions that can provide alcohol/drug-related resources in specific communities. Some of the coalitions focus specifically on youth issues.

<b>Cheshire</b> <b>Monadnock Action Network</b> 3 Washington Street Keene, NH 03431 (603) 357-9857	<b>Task Force on Youth</b> 112 West Pearl Street Nashua, NH 03060 (603) 889-1090
<b>Coos</b> <b>County Coalition</b> 646 Union Street, Ste. 400 Littleton, NH 03561 (603) 444-4461	<b>Merrimack</b> <b>Caring Community Network</b> 115 Central Street Franklin, NH 03235 (603) 934-5441
<b>Grafton</b> <b>L-N-P Community Coalition</b> Whole Village Family Resource 258 Highland Street Plymouth, NH 03264 (603) 536-3720	<b>Concord Substance</b> <b>Abuse Prevention Coalition</b> 46 South Main Street Concord, NH 03301 (603) 224-3027
<b>Hillsborough</b> <b>Community Support Alliance</b> 972 Elm Street Manchester, NH 03101 (603) 622-2654	<b>Kearsarge Assets Network</b> P.O. Box 276, 134 E. Main St. Bradford, NH 03221 (603) 938-6228
<b>Community Prevention Collaborative</b> P.O. Box 441, 20 Grove St. Peterborough, NH 03458 (603) 924-4981	<b>Rockingham</b> <b>Community Alliance for</b> <b>Teen Safety</b> 41 Birch Street Derry, NH 03038 (603) 434-5251
<b>Hampton Community Coalition</b> Hobbs House 200 High Street Hampton, NH 03842 (603) 926-4936	<b>Family Connection Project</b> UNH, 305 Nesmith Hall Durham, NH 03824 (603) 862-2135
<b>Healthy Communities</b> P.O. Box 688 Stratham, NH 03855 (603) 772-5435	<b>Strafford</b> <b>Dover Coalition For Youth</b> 46 Locust Street Dover, NH 03820 (603) 516-3279

## **GAY, LESBIAN, BISEXUAL, TRANSGENDER (GLBT) RESOURCES**

### **Gay, Lesbian, Straight Education Network (GLSEN)**

#### **GLSEN - National Headquarters**

90 Broad Street, 2<sup>nd</sup> Floor  
New York, NY 10004  
212 727-0135  
[www.glsen.org](http://www.glsen.org)

### **Parents, Friends and Families of Lesbians and Gays (PFLAG)**

PFLAG provides support for families of lesbian, gay and questioning youth through support of the New Hampshire Outright groups. PFLAG provides communities and organizations with support, education and advocacy. They also supply books to schools and town libraries. Visit their website at <http://pflagnh.org>.

<b>Parents, Friends and Families of Lesbians and Gays (PFLAG)</b> PFLAG provides support for families of lesbians and lesbian, gay and questioning youth through support of the New Hampshire Outright groups. PFLAG provides communities and organizations with support, education and advocacy. They also supply books to schools and town libraries. <a href="http://pflagnh.org">http://pflagnh.org</a>	<b>PFLAG Laconia/Lakes Region</b> 172 Pleasant Street Laconia, NH 03246 (603) 750-2524
<b>New Hampshire State Council</b> P.O. Box 957 Concord, NH 03302 (800) 750-2524	<b>PFLAG Lebanon/Upper Valley NH/VT</b> 120 Black Hill Road Plainfield, NH 03781-5131 (603) 298-5874 (802) 295-7064
<b>PFLAG Jefferson/North Country</b> P.O. Box 201 Lancaster, NH 03584 (603) 788-3270	<b>PFLAG Plymouth</b> Plymouth Congregational Church 4 Post Office Square Plymouth, NH 03264-1533 (603) 786-9812
<b>PFLAG Keene</b> St. James Episcopal Church 44 West Street Keene, NH 03431 (603) 355-1040	<b>PFLAG Stratham/Seacoast</b> P.O. Box 138 Stratham, NH 03885 (603) 772-5196




## AMERICANS WITH DISABILITIES ACT

The Americans with Disabilities Act (ADA) is a comprehensive federal law that prohibits discrimination against people with disabilities in public accommodations through Title III of the ADA, and in employment through Title I of the ADA. The definition of disability under the ADA is quite broad and covers all people who are infected with HIV.

The ADA also prohibits discrimination against individuals who are perceived as having HIV or AIDS, although they do not actually have the disease. Title III also forbids discrimination against anyone who associates or has a relationship with a person with HIV/AIDS.

The following organizations can answer questions about the ADA, provide print materials, and assist people suffering discrimination in taking legal action.

<b>Equal Employment Opportunity Commission</b> ADA Help Line (Publications only) (800) 669-4000 (EEOC) (800) 669-6820 (TTY) <a href="http://www.eeoc.gov">www.eeoc.gov</a>	<b>U.S. Department of Justice</b> ADA Information Line (202) 514-2000 Email: <a href="mailto:AskDOJ@usdoj.gov">AskDOJ@usdoj.gov</a> <a href="http://www.usdoj.gov">www.usdoj.gov</a>
<b>Disabilities Rights Center</b> 18 Low Avenue Concord NH 03301 (800) 834-1721 Telephone (603) 225 2077 FAX WEB <a href="http://www.drenh.org">www.drenh.org</a>  Information, advice, and legal assistance for individuals with disabilities who have a legal problem related to their disability. Protection and advocacy system for New Hampshire	

## EARLY INTERVENTION NETWORK OF NEW HAMPSHIRE

The Early Intervention Network is a statewide association of programs that provide services to families with at-risk or handicapped children up to three years of age. The activities revolve around the premise that services to families are enhanced by staffs' access to current information and channels of communication.

<b>Community Alliance of Human Services</b> 27 John Stark Highway Newport, NH 03773 (603) 863-7708 <a href="http://www.communityalliance.net">www.communityalliance.net</a>	<b>Easter Seals</b> 44 Birch Street Derry, NH 03038 (603) 432-1945
<b>Children Unlimited, Inc.</b> 182 West Main Street P.O. Box 986 Conway, NH 03818-0986 (603) 447-6356	<b>Infant &amp; Toddler Program Strafford County</b> 113 Crosby Road, #1 Dover, NH 03820 (603) 749-4015
<b>Early Childhood Services</b> 555 Auburn Street Manchester, NH 03103 (603) 623-8863 <a href="http://www.nh.easterseals.com">www.nh.easterseals.com</a>	<b>Moore Center Services, Inc.</b> 132 Titus Avenue Manchester, NH 03103 (603) 668-5423 Fax (603) 206-2706 <a href="http://www.moorecenter.org">www.moorecenter.org</a>
<b>Early Supports &amp; Services of Greater Nashua</b> 144 Canal Street Nashua, NH 03064 (603) 882-6333 <a href="http://www.region6.com">www.region6.com</a>	<b>Richie McFarland Children's Center</b> 11 Sandy Point Road Stratham, NH 03885 (603) 778-8193 <a href="http://www.richiemcfarland.org">www.richiemcfarland.org</a>
<b>Rise... for Baby &amp; Family</b> 147 Washington Street Keene, NH 03431 (603) 357-1395 (877) 464-2447 Fax (603) 357-1397	<b>White Mountain Mental Health &amp; Developmental Services</b> Early Intervention Program 29 Maple Street Littleton, NH 03561 (603) 444-6894
<b>Riverbend Community Mental Health</b> 70 Pembroke Road Concord, NH 03301 (603) 228-1551 Fax (603) 225-2803 <a href="http://www.riverbendcmhc.org">www.riverbendcmhc.org</a>	<b>Young Family Program, Inc.</b> Community Health & Hospice 780 North Main Street Laconia, NH 03246 (603) 524-8444 (800) 244-8549 <a href="http://www.chhnh.org">www.chhnh.org</a>
<b>United Developmental Services</b> 16 Orford Road Lyme, NH 03768 (603) 795-4893	

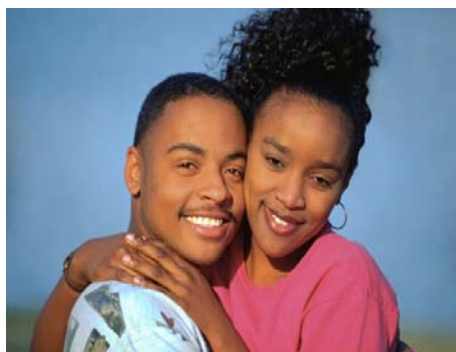
## **N.H. COALITION AGAINST DOMESTIC & SEXUAL VIOLENCE**

The NH Coalition Against Domestic and Sexual Violence consists of 14 programs throughout the State that provide services and assistance to survivors of sexual assault and to battered women and their children. Typical services include: 24-hour crisis lines; emergency shelter and transportation; legal advocacy in obtaining restraining orders against abusers; hospital and court accompaniment for rape survivors; information about and help in, obtaining public assistance. The Coalition can be reached by calling (603) 224-8893. Member agencies are listed below.

**Domestic Violence Hotline: NH (886) 644-3574 (Toll Free)**  
**Sexual Assault Hotline: NH (800) 277-5570 (Toll Free)**  
**NH Victim Services Directory: [www.justiceworks.unh.edu](http://www.justiceworks.unh.edu)**

<b>A Safe Place</b> 6 Greenleaf Woods, Unit 101 Portsmouth, NH 03878 (800) 852-3388 (Hotline) (603) 436-4619 (Portsmouth) (603) 330-0214 (Rochester)	<b>Rape and Domestic Violence Crisis Center</b> P.O. Box 1344 Concord, NH 03302-1344 (603) 225-7376 (Office)
<b>Bridges</b> 33 East Pearl Street Nashua, NH 03060 (603) 883-3044 (Hotline) (603) 889-0858 (Nashua) (603) 672-9833 (Milford) <a href="http://www.bridgesnh.org">www.bridgesnh.org</a>	<b>Response to Sexual and Domestic Violence</b> c/o Coos County Family Health Services 54 Willow Street Berlin, NH 03570 (866) 644-3574 (domestic violence hotline) (800) 277-5570 (sexual violence hotline) (603) 752-5679 (Berlin) (603) 237-8746 (Colebrook) (603) 788-2562 (Lancaster) <a href="http://www.nhcadsv.org">www.nhcadsv.org</a>

<b>Sexual Assault Support Services</b> 7 Junkins Avenue Portsmouth, NH 03801 (888) 747-7070 (Crisis) (603) 436-4107 (Portsmouth) (603) 332-0775 (Rochester) <i>Sexual assault services only</i>	<b>Women's Information Service (WISE)</b> 79 Hanover Street, Suite 1 Lebanon, NH 03766 (603) 448-5525 (Hotline) (603) 448-5922 (Office)
<b>Sexual Harassment &amp; Rape Prevention Program (SHARPP)</b> Verrette House University of NH Durham, NH 03824 (603) 862-7233 (Hotline) (603) 862-3494 (Office) (800) 735-2964 TTY	<b>Women's Crisis Service of the Monadnock Region</b> 12 Court Street Keene, NH 03431-3402 (603) 352-3782 (Hotline) (603) 924-3600 (Peterborough)
<b>Starting Point</b> 170 Kearsarge Street P.O. Box 1972 Conway, NH 03818 (800) 336-3795 (Hotline) (603) 356-7993 (Conway) (603) 539-5506 (Ossipee)	<b>Women's Supportive Services</b> 11 School Street Claremont, NH 03743 (800) 639-3130 (Crisis Line) (603) 542-8338 (Office) (603) 863-4053 (Newport)
<b>Support Center at Burch House</b> P.O. Box 965 Littleton, NH 03561 (800) 774-0544 (Hotline) (603) 444-0624 (Littleton)	<b>YWCA Crisis Service</b> 72 Concord Street Manchester, NH 03101 (603) 668-2299 (Hotline) (603) 625-5785 (Manchester) (603) 432-2687 (Derry)
<b>Voices Against Violence</b> P.O. Box 53 Plymouth, NH 03264 (603) 536-1659 (Hotline) (603) 536-3423 (Office)	



## MENTAL HEALTH RESOURCES

Mental health centers provide a variety of services, which typically include: out-patient counseling and therapy, short-term intensive hospitalization, referrals to other resources, follow-up care, 24-hour coverage, and general consultations.

### NAMI

NAMI New Hampshire (The National Alliance on Mental Illness) is a statewide education, support and advocacy organization working for a quality, comprehensive mental health service system.

### State of NH Resource Index

<http://naminh.org/resources-state.php>

### National Resources

<http://naminh.org/resources-national.php>

<b>NH Division of Behavioral Health</b> Office Park South 105 Pleasant Street Concord, NH 03301 (603) 271-5300	<b>Riverbend Community Mental Health, Inc.</b> (603) 228-1551 <a href="http://www.riverbendcmhc.org">www.riverbendcmhc.org</a> Serving: Concord, Franklin, Henniker, Hillsborough
<b>Center for Life Management Behavioral Health</b> (603) 434-1577 <a href="http://www.clmbehav.org">www.clmbehav.org</a> Serving: Derry, Salem, Windham	<b>West Central Behavioral Health</b> (603) 448-0126 <a href="http://www.wcbh.org">www.wcbh.org</a> Serving: Claremont, Lebanon, Newport
<b>Northern NH Mental Health &amp; Developmental Services</b> Serving: Berlin (603) 752-7404, Conway (603) 447-2111, Wolfeboro (603) 569-1884, Colebrook (603) 237-4955, Groveton (603) 636-2555, Littleton (603) 444-5358	<b>Community Council of Nashua</b> 7 Prospect Street Nashua, NH 03060 (603) 889-6147 (800) 762-8191 <a href="http://www.ccofnashua.org">www.ccofnashua.org</a>
<b>Androscoggin Valley Mental Health Center</b> Riverside Courtyards 3 Twelfth Street Berlin, NH 03570 (603) 752-7404	<b>Ashuelot Valley Counseling</b> 20 Warwick Road Winchester, NH 03470 (603) 239-4376
<b>Carroll County Mental Health</b> 25 West Main Street Conway, NH 03818 (603) 447-2111	<b>Counseling Center of Claremont</b> 140 North Street Claremont, NH 03743 (603) 542-2578 (800) 564-2578

<b>CLM Behavioral Health</b> 43 Birch Street Derry, NH 03038 (603) 434-3101	<b>Counseling Center of Newport</b> 167 Summer Street Newport, NH 03773 (603) 863-1951 (800) 339-5597
<b>CLM Behavioral Health</b> 44 Stiles Road Salem, NH 03079 (603) 893-3548	<b>Fall Mountain Counseling Center</b> 8 Westminster Street Walpole, NH 03608 (603) 756-4735
<b>Genesis Behavioral Health</b> 607 Tenney Mtn. Highway Suite 44 Plymouth, NH 03264 (603) 536-1118	<b>Genesis Behavioral Health</b> 111 Church Street Laconia, NH 03243-3417 (603) 524-1100
<b>Granite Hills Clinical &amp; Monadnock SA</b> 64 Main St., Suite 201 Keene, NH 03431 (603) 355-3800	<b>Twin Rivers Counseling Center</b> 53 Kendall Street Franklin, NH 03235 (603) 934-3400
<b>Granite Hills Clinical &amp; Monadnock SA</b> 64 Main St., Suite 201 Keene, NH 03431 (603) 355-3800	<b>Upper Connecticut Valley Mental Health &amp; Developmental Services</b> RR2, Box 13 Colebrook, NH 03576 (603) 237-4955  31 Brooklyn Street Groveton, NH 03582 (603) 636-2555



<b>The Mental Health Center Of Greater Manchester</b> 401 Cypress Street Manchester, NH 03103 (603) 668-4111 <a href="http://www.mhcgmn.com">www.mhcgmn.com</a>	<b>White Mountain Mental Health</b> 29 Maple Street Littleton, NH 03561 (603) 444-5358
<b>Seacoast Mental Health Center Inc.</b> 30 Prospect Avenue Exeter, NH 03833 (603) 772-2710  1149 Sagamore Avenue Portsmouth, NH 03801 (603) 431-6703	<b>NAMI NH</b> 15 Green St., Concord, NH 03301 Phone: 603.225.5359 or Toll Free (In State) 1.800.242.6264 Fax: 603.228.8848 Email: <a href="mailto:info@naminh.org">info@naminh.org</a> web: <a href="http://naminh.org">http://naminh.org</a>

# NH OMH

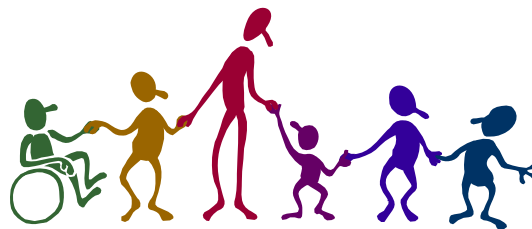


## EMERGENCY SHELTERS

The following agencies provide a wide range of shelter, intervention, and prevention services to individuals and families at risk of homelessness or experiencing homelessness.

**NH Homeless Hotline**  
(603) 225-9000; (800) 852-3388

<b>Belknap County</b> <b>City of Laconia</b> City Hall, 45 Beacon Street Laconia, NH 03246 (603) 527-1267 Prevention Services	<b>Cheshire County</b> <b>Southwestern Community</b> <b>Services Monadnock Area Housing</b> <b>Coalition</b> 23 Center Street Keene, NH 03431 (603) 352-7512
<b>New Beginnings</b> <b>Women's Crisis Center</b> P.O. Box 622 Laconia, NH 03247-0622 (603) 528-6511 <a href="http://www.newbeginningsnh.org">www.newbeginningsnh.org</a> Domestic violence services & shelter	<b>Coos County</b> <b>Coos County Family Health</b> <b>Services</b> 133 Pleasant Street Berlin, NH 03570 (603) 752-2040 Domestic violence services & shelter
<b>The Salvation Army</b> 177 Union Avenue Laconia, NH 03246 (603) 524-1834	<b>Town of Whitefield</b> 7 Jefferson Road Whitefield, NH 03598 (603) 837-2551
<b>Carroll County</b> <b>Starting Point</b> P.O. Box 1972 Conway, NH 03818 (603) 356-7993 Domestic violence services & shelter	<b>Tri-County CAP</b> Lynsey House Shelter 73 Main Street Lancaster, NH 03584 (603) 788-4477






<b>Grafton County Tri-County CAP</b> 258 Highland Street Plymouth, NH 03264 (603) 536-8222	<b>Hillsborough County Bridges</b> 33 East Pearl Street PO Box 217 Nashua, NH 03061 (603) 889-0858 <a href="http://www.bridgesnh.org">www.bridgesnh.org</a> Domestic violence services and shelter
<b>City of Lebanon</b> 57 Mechanic Street #5 Lebanon, NH 03766 (603) 443-6150 Homeless prevention service	<b>Child and Family Services of New Hampshire</b> 99 Hanover Street Manchester, NH 03105 (603) 668-1920 Prevention services, host homes for runaway homeless youth
<b>Headrest, Inc.</b> P.O. Box 221 Lebanon, NH 03766 (603) 448-4872 <a href="http://www.headrest.org">www.headrest.org</a> Substance abuse homeless shelter	<b>Harbor Homes, Inc.</b> 45 High Street Nashua, NH 03060 (603) 882-3616 <a href="http://www.harborhomes.org">www.harborhomes.org</a> Homeless shelter
<b>Task Force Against Domestic and Sexual Violence</b> P.O. Box 53 Plymouth, NH 03264 (603) 536-3423 Domestic violence services & shelter	<b>Helping Hands Outreach Ministries, Inc.</b> P.O. Box 3551 50 Lowell Street Manchester, NH 03105 (603) 623-8778 Substance abuse shelter/transitional housing
<b>Town of Lincoln</b> Main Street P.O. Box 25 Lincoln, NH 03251 (603) 745-2757 Homeless prevention services	<b>Manchester Emergency Housing</b> 11 Liberty Street Manchester, NH 03104 (603) 627-2636 Family homeless shelter

# OMH

<b>New Horizons for NH</b> 199 Manchester Street Manchester, NH 03105 (603) 668-1877 Homeless shelter, soup kitchen and food pantry	<b>Town of Goffstown</b> 16 Main Street Goffstown, NH 03045 (603) 497-8990 Homeless prevention services
<b>Nashua Council on Alcoholism</b> Keystone Hall Pine Street Extension Nashua, NH 03061 (606) 881-4848 <a href="http://www.keystonehall.org">www.keystonehall.org</a> Substance abuse services and shelter	<b>YWCA-Women's Crisis Service</b> 72 Concord Street Manchester, NH 03101 (603) 625-5785 Domestic violence services and shelter
<b>Nashua Pastoral Care Center</b> 7 Concord Street Nashua, NH 03064 (603) 886-2866 <a href="http://www.nashuanpcc.org">www.nashuanpcc.org</a> Transitional housing and homeless prevention services	<b>Merrimack County Edna McKenna House</b> (The Salvation Army) 100 South Fruit Street Concord, NH 03301 (603) 228-3505 Homeless shelter
<b>Nashua Soup Kitchen &amp; Shelter Inc.</b> 42 Chestnut Street P.O. Box 3116 Nashua, NH 03060 Fax (603) 889-2347 (603) 889-7770 <a href="http://www.nskks.org/">http://www.nskks.org/</a> Provides food, shelter, advocacy, employment counseling and assistance with rent and utilities.	<b>Friends Emergency Housing Program</b> 249 Pleasant Street Concord, NH 03301 (603) 228-1462 Family homeless shelter
<b>Share</b> P.O. Box 27 Milford, NH 03055 (603) 673-9898 Homeless prevention services	<b>Rape &amp; Domestic Violence Crisis Center</b> P.O. Box 1344 Concord, NH 03302 (603) 225-7376 (800) 852-3388 Domestic violence services and shelter

<b>Rockingham County</b> <b>Cross Roads House</b> 600 Lafayette Road Portsmouth, NH 03801 (603) 436-2218 Homeless shelter and transitional housing	<b>Strafford County</b> <b>Behavioral Health Services</b> 113 Crosby Road Dover, NH 03820 (603) 742-4015 Homeless prevention service for mentally ill
<b>New Generation, Inc</b> 568 Portsmouth Avenue Greenland, NH 03840 (603) 436-4989 Homeless shelter for pregnant women	<b>City of Dover</b> 30 St Thomas Street Dover, NH 03820 (603) 516-6000 Homeless prevention services
<b>Rockingham County CAP</b> 7 Junkins Avenue Portsmouth, NH 03801 (603) 431-2911 Homeless prevention services	<b>City of Rochester</b> 31 Wakefield Street Rochester, NH 03867 (603) 332-3505 Homeless prevention services
<b>Seacoast Task Force On Family Violence</b> 6 Greenleaf Woods Portsmouth, NH 03801 (603) 436-7924 Domestic violence services and shelter	<b>Holy Rosary SHARE Fund</b> 183 North Main Street Rochester, NH 03867 (603) 335-0011 Homeless prevention services
<b>Town of Raymond</b> 4 Epping Street #A Raymond, NH 03077 (603) 895-4735 Homeless prevention services	<b>My Friend's Place</b> 189 Washington Street Dover, NH 03820 (603) 749-3017 Family homeless shelter
	<b>Strafford County CAP</b> P.O. Box 160 Dover, NH 03820 (603) 749-1334 Homeless prevention services

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<b>Sullivan County Community Alliance of Human Services</b> P.O. Box 188 Newport, NH 03773 (603) 863-9554 Homeless prevention services	<b>Southwestern Community Services</b> 96-102 Main Street Claremont, NH 03743 (603) 542-9528 Homeless shelter
<b>Friends of Women's Supportive Services</b> 11 School Street Claremont, NH 03743 (603) 542-8338 Domestic violence services and shelter	<b>Town of Lee</b> 7 Mast Road Lee, NH 03824 (603) 659-5414 Homeless prevention services



**NH OMH  
UPDATE FORM**

Name\_\_\_\_\_

Agency\_\_\_\_\_

Address\_\_\_\_\_

Telephone  
Number\_\_\_\_\_

Fax  
Number\_\_\_\_\_

WEB  
Address\_\_\_\_\_

Type of service  
offered\_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

**Please Send This Form To**

NH Department of Health and Human Services  
Office of Minority Health  
97 Pleasant Street  
Concord, NH 03301-3857

**Or Send a Fax To**

NH Department of Health and Human Services  
Office of Minority Health  
Fax (603) 271-0824

## Notes